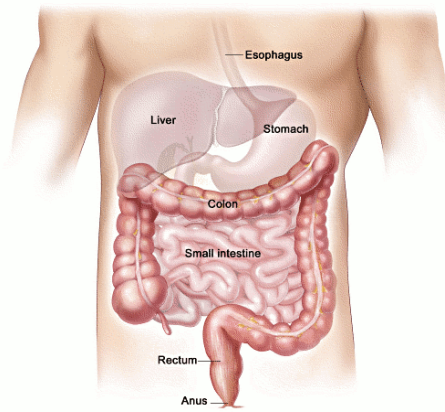


## Colonoscopy:



What is a Colonoscopy? A colonoscopy is an outpatient procedure that is performed while you are sedated. A flexible scope with a light enters the rectum and is passed to the terminal ileum (where the end of your colon and small bowel connect). Dr. Strobel can see the wall of your colon on a TV screen in front of him. Air may be used to help your colon expand so that he can see more clearly the wall of your colon. Biopsies (tissue samples) are taken during the procedure that are sent to a lab and evaluated under a microscope.

Results of those are usually back within 48 hours of procedure. Our office will call you if results come back showing us something that we did not know, see or treat after procedure. If you do not hear back from us, feel free to call the office to obtain results.

### What can I expect to happen when I come in for procedure?

Before the procedure you will have an opportunity to talk with nurses and physicians, including a physician that will be doing the sedation. An IV will be started and parents will be able to stay with their child until they fall asleep. Then you will wait in a waiting area during the procedure (approx 45 minutes). As soon as the procedure is over, Dr. Strobel will come to talk to you and show you the pictures that were taken during the procedure. Once you are awake a nurse will escort you in the waiting area. You can leave once you are awake enough to drink something and walk on your own (usually approx 20 min).

### What should I watch for after the procedure?

Sometimes after a colonoscopy, your child may experience some gas and discomfort. This is considered normal after a colonoscopy. If you experience any large amounts of blood in stool or vomit, fever (>101), rash, lethargy (unable to awaken them), unable to eat or drink after 6 hours or any unusual symptoms or pain, please call the office at 522-4116 and if the office is closed, choose the option for the on call nurse.

**To obtain a printable copy or this form with prep instructions, click here.**

**Colonoscopy Prep Instructions:**

Only clear liquids are allowed for 1 day prior to the scheduled procedure. This includes Sprite, popsicles, water, broth, juice, Kool-aid and Gatorade. Please avoid liquids that are **BLUE** or **RED** in color.

Start Prep 1:00pm-2:00pm: Drink 10oz of Magnesium Citrate. This may be purchased over the counter at any drugstore and may be mixed with a clear liquid or ice. It is best if chilled prior to drinking.

3:00-5:00pm: Mix small (238-255gm) bottle of Miralax (Polyethylene Glycol 3350) into 32oz. Of Gatorade. (No RED or BLUE). Drink this solution until stools are "clear". We consider stools to be "clear" when they become yellow (like urine). You may still see a few brown flecks. If your child is not "clear" by 9pm, please call the on call nurse at (865) 522-4116.

It is helpful to start having your child sit on the "potty" to try and go at the beginning of drinking the prep and periodically during the prep process.