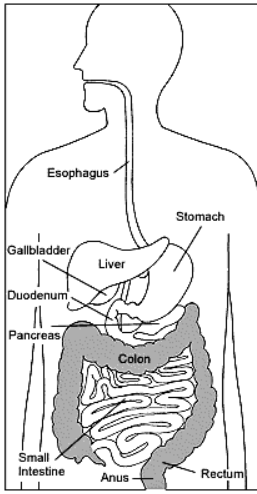


Esophagogastroduodenoscopy: (EGD)

What is an EGD? An EGD is an outpatient test performed when you are sedated.



A flexible scope is passed into your mouth, passing your esophagus and stomach and ending in the first part of your small bowel called the duodenum. Dr. Strobel can see the wall of your upper GI tract on a TV screen that is in front of him during procedure. Air is often used to help expand the wall of your stomach so that the tissue can be more easily seen. Pictures and biopsies (tissue samples) are taken during the procedure. These biopsies are sent to a lab for evaluation under microscope. The results of these are usually back within 48 hours. Our office will call you if results come back showing us something that we did not know, see or treat after procedure. If you do not hear back from us, feel free to call the office to obtain results.

What can I expect to happen when I come in for procedure?

Before the procedure you will have an opportunity to talk with nurses and physicians, including a physician that will be doing the sedation. An IV will be started and parents will be able to stay with their child until they fall asleep. Then you will wait in a waiting area during the procedure (approx 30 minutes). As soon as the procedure is over, Dr. Strobel will come to talk to you and show you the pictures that were taken during the procedure. Once you are awake a nurse will escort you in the waiting area. You can leave once you are awake enough to drink something and walk on your own (usually approx 20 min).

What should I watch for after the procedure?

Sometimes after an EGD, you may experience some throat irritation, abdominal bloating and discomfort. This is considered normal after an EGD. If you experience any large amounts of blood in stool or vomit, fever (>101), rash, lethargy (unable to be awoken), unable to eat or drink after 6 hours or any unusual symptoms or pain, please call the office at 522-4116 and if the office is closed, choose the option for the on call nurse.

To obtain a printable copy or this form with prep instructions, click here.

EGD prep instructions:

Please do not allow your child to have any solid foods after **8pm** the night before the procedure. He/She may have clear liquids, including sprite, broth, juice, kool-aide and popsicles from **8pm until midnight**. **NOTHING** to eat or drink after midnight. Please be sure to ask your child if they have had anything overnight. It is very important for the safety of your child to avoid anything by mouth overnight. If your child eats or drinks something without telling someone it can cause life threatening complications during the procedure. Please notify the nurse either in the office or on call if you find that your child has had something to eat or drink. Our office number is (865)522-4116.